

# ***RUNNING NURSE*** **BOOK TOUR**

***Meet Helene Neville,  
author of Nurses In Shape-The Right Dose!***

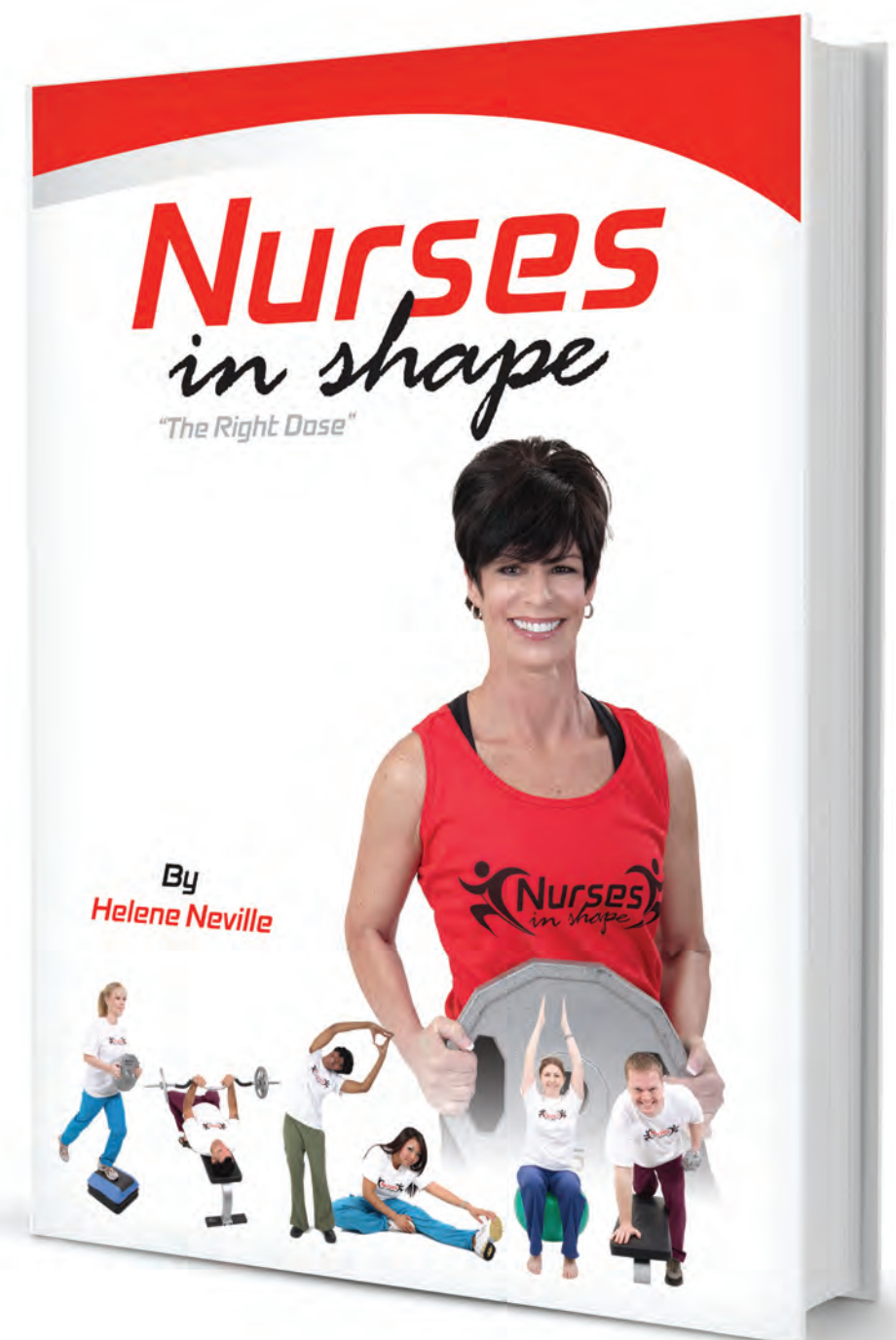
***Helene, a cancer survivor, is the first nurse ever to  
run across America, and she did it in record time!***

Helene is available for book signing at your hospital or school. Her book tour has appeared in cities across America. Her book was written to inspire nurses. Her message is simple, "In order to transform the health of the public, every health care worker needs to become an ambassadorial example of healthy living which will, in turn, inspire and promote health in their patients."

Her next book One on the Run – 93 days, 2,520 miles across America, The story of her epic run from California to Florida in the cause of nurses health, is due out in 2012.

***Follow Helene's Canada to Mexico Run on Facebook - [Oneontherun](#)***

Helene is a nationally known speaker and spokesperson on behalf of nurses, health and wellness – she is featured in print, radio, and television.



***INSPIRATION FOR NURSES AND  
HEALTH CARE PRACTITIONERS!***

**CONTACT HELENE NEVILLE**  
for the latest news, information and photos:

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